

# Biblical Counseling Ministry

## **PERSONAL INFORMATION:**

Name \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
Phone: Work \_\_\_\_\_ Cell \_\_\_\_\_ Home \_\_\_\_\_

## **FAMILY INFORMATION:**

Single \_\_\_\_\_ Married \_\_\_\_\_ Separated \_\_\_\_\_ Divorced \_\_\_\_\_ Widow \_\_\_\_\_  
Name of spouse: \_\_\_\_\_ Date Married \_\_\_\_\_  
Have you been married previously? Yes \_\_\_\_\_ No \_\_\_\_\_  
Names and ages of children: \_\_\_\_\_  
Have there been any deaths in the family in the past two years? \_\_\_\_\_

## **EMPLOYMENT INFORMATION:**

Are you employed? \_\_\_\_\_ Where: \_\_\_\_\_  
How long have you been at this position? \_\_\_\_\_  
Is your spouse employed? \_\_\_\_\_ Where: \_\_\_\_\_  
How long has he/she been at this position? \_\_\_\_\_

## **SPIRITUAL INFORMATION:**

Do you believe in God? Yes \_\_\_\_\_ No \_\_\_\_\_ Uncertain \_\_\_\_\_  
Do you pray to God? Regularly \_\_\_\_\_ Occasionally \_\_\_\_\_ Never \_\_\_\_\_  
Do you read the Bible? Regularly \_\_\_\_\_ Occasionally \_\_\_\_\_ Never \_\_\_\_\_  
Is Calvary Chapel your home church? Yes \_\_\_\_\_ No \_\_\_\_\_ How Long? \_\_\_\_\_  
How many times per month do you attend church? \_\_\_\_\_  
Have you received Jesus Christ as your Savior: Yes \_\_\_\_\_ No \_\_\_\_\_ Uncertain \_\_\_\_\_  
If yes, when? \_\_\_\_\_  
Have you been baptized in water since you received Christ? Yes \_\_\_\_\_ No \_\_\_\_\_  
Have you been baptized in the Holy Spirit? Yes \_\_\_\_\_ No \_\_\_\_\_ Uncertain \_\_\_\_\_  
If yes, when? \_\_\_\_\_  
Have you been involved in any cults or occult practices? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, explain: \_\_\_\_\_

## **HEALTH INFORMATION:**

Rate your health: Very Good \_\_\_\_\_ Good \_\_\_\_\_ Average \_\_\_\_\_ Poor \_\_\_\_\_  
Please list any significant illnesses, injuries, or handicaps: \_\_\_\_\_  
Please list any medication(s) you are presently taking: \_\_\_\_\_  
Have you had a medical exam in the last year? \_\_\_\_\_  
Have you had any professional counseling before? \_\_\_\_\_  
Has your weight changed significantly in the past year? \_\_\_\_\_  
Have you ever or do you now use alcohol or drugs? \_\_\_\_\_

**BRIEFLY ANSWER THE FOLLOWING QUESTIONS**

1. What are your main problems or areas of concern?

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2. What have you done to resolve this problem?

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3. Please describe what person(s), situation(s) or activities that seem to trigger this problem or make it worse.

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4. Is there any other information we should know?

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I have read and understand Calvary Chapel's Biblical Lay Counseling Ministry Policies and I agree to submit to them. I also understand that I am not seeking nor receiving professional paid counseling, but I am asking for Biblical Spiritual advice. I also understand that confidentiality of my disclosures will be maintained by the Lay Counselor and the Pastoral Staff of Calvary Chapel within the guidelines listed in the Counseling Ministry Policies. I understand that all lay counselors will act as a conduit to the Pastoral Staff. I understand that this privilege granted by these Statutes is subject to Court interpretation and Court Orders. In the event of an Order of a Court of competent jurisdiction Calvary Chapel Church, Inc. will release required information unless the counselee takes steps to obtain a stay of such Order and/or review of such Order at appellate levels. I understand that the privilege of confidentiality is an individual privilege. The privilege may be waived should the counselee discuss the privileged matters in the presence of third parties or discuss the content of the counseling with a third party after the counseling session. The discussion of counseling content with a person not a part of the counseling ministry may act as a waiver of privilege.

\_\_\_\_\_  
Name - Please Print

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

## **BIBLICAL COUNSELING MINISTRY POLICIES**

1. All counselors are a part of the Biblical Lay Counseling Ministry and some may have secular or professional training. They are spiritually mature and Biblically knowledgeable.
2. All counselors are to open and close every counseling session with prayer and are to refer to an open Bible during the counseling session.
3. The lay counselors are not to discuss any counseling session with anyone who is not a pastor, a minister, or staff member of the Biblical Counseling Ministry. Any contact with a party outside of the foregoing, or the counselee, may be initiated only after first obtaining both written pastoral permission and written permission of the counselee; or through pastoral ministry determination. This privacy and confidentiality privilege may only be modified as set forth herein. Pastoral Counselors will decide whether or not information is to be released.
4. Men are not permitted to counsel women, one on one, and women are not permitted to counsel men, one on one, without pastoral approval.
5. Biblical Counseling is a ministry. Therefore, there is not to be any compensation for any type of Biblical Counseling. Any relationship that extends into the possibility of fees is to be clearly identified to the counselee and approved by the pastoral staff. (Example: legal or accounting work)
6. All officially scheduled counseling is to be done at the church building unless written pastoral permission is granted. The written permission must state where the counseling shall take place, under what circumstances the counseling will take place, and the number of times this counseling will be permitted.
7. Pastoral approval is required for anyone to be counseled more than three times.
8. By accepting counseling by the Biblical Counseling Ministry, the counselee agrees to the following:
  - A. To commit themselves to the purpose of the counseling.
  - B. To be faithful to the scheduled time commitment.
  - C. To be open and honest during the counseling sessions.
  - D. To be diligent in the completion of all homework and/or exercises assigned.
  - E. To commit to a regular schedule of worship, Bible study, and prayer agreed upon with the counselor.
9. The failure to adhere to the above commitments may result in the counseling relationship being terminated. The termination of counseling will in no way authorize the publication or discussion of any of the privileged communications acquired during the counseling sessions except as herein set forth and as set forth in the Guidelines of the Counseling Ministry.
10. Any violations of the above policies should be reported to the Pastor of the Biblical Lay Counseling Ministry or to any of the Pastors at Calvary Chapel Brentwood, Inc.